

## Shedding Light into the Dark Continent

Kate Woodhead  
Chairman of Trustees,  
**Friends of African Nursing**

ORNAC Conference, BC April  
2007

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FoAN

Friends of African Nursing  
[www.foan.org.uk](http://www.foan.org.uk)

- Friends of African Nursing.
- To facilitate the development and improvement of patient care and nursing practice in Africa



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FoAN

Friends of African Nursing  
[www.foan.org.uk](http://www.foan.org.uk)



- Values
  - Cultural Awareness
  - Trustworthiness
  - Commitment
  - Communication
  - Flexibility
  - Integrity

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**FoAN** Friends of African Nursing [www.foan.org.za](http://www.foan.org.za)

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**FoAN** Friends of African Nursing [www.foan.org.za](http://www.foan.org.za)

- Uganda
- Zambia
- Kenya
- Malawi
- Tanzania
- Ethiopia
  
- Botswana, Ghana, Mauritius

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Education framework

Three visits:

Visit 1: Perioperative Theory Update  
Up to 50 students, may be qualified or not.  
1 week intense education.  
Delivered and group work



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- Visit 2 – Benchmarking
  - 3 centres, rural and referral hospitals.  
Mission/public/private  
Use theatre audit tool and feed back locally and nationally where improvements can be made.
  - Education sessions on relevant topics



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- Visit 3 - Leadership Course.  
20 selected delegates  
Capacity building  
Individual role and career planning  
Leadership educational input  
Leadership challenge



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Zambian working  
Operating Room, Ndola District

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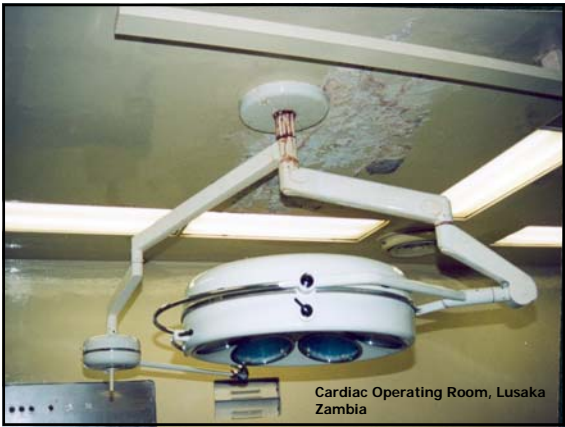
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Cardiac Operating Room, Lusaka  
Zambia

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The only working scrub sink.

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Nakuru, Kenya

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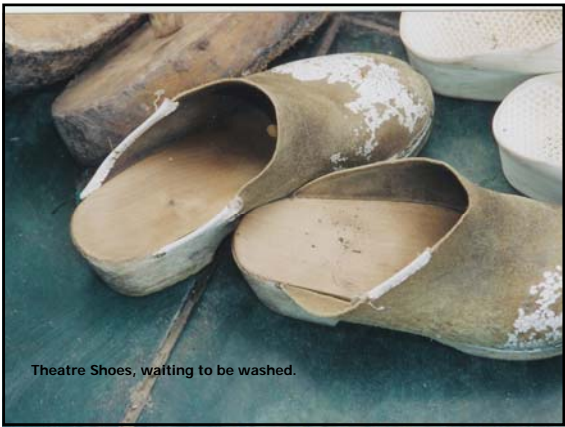
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Theatre Shoes, waiting to be washed.

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Decontamination

Instrument washing facilities,  
Nakuru, Kenya

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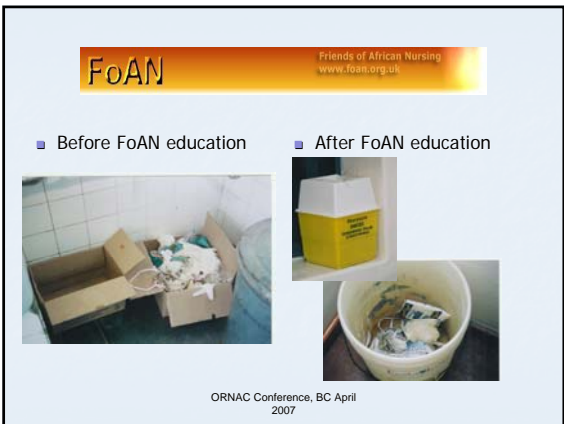
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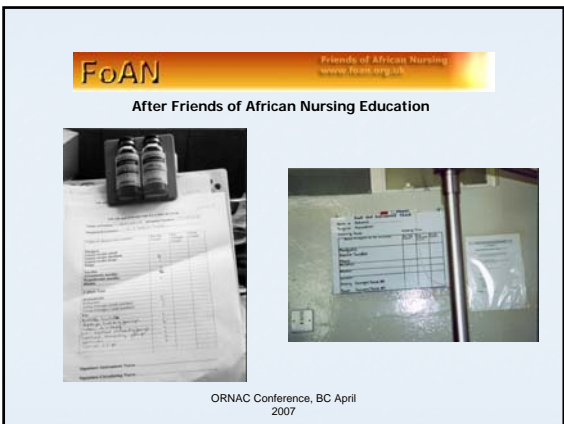
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Best practice examples in Africa.

Best Practice, Malawi. Double gloves and eye protection

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Best Practice, Kenya. Gloves, apron, eye protection for decontamination staff.

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Achievements.

- New perioperative organisations
- Nursing Documentation
- Swab counts and boards
- Universal precautions with eye protection
- Health and safety. Manual handling, self protection sharps. Decontamination.

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- Raised knowledge base in 5 countries, 2 more planned.
- Individual motivation and confidence
- Brought risks and awareness of perioperative nursing to government attention
- Found and encouraged Clinical leaders to promote and grow best practice in-country

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- New perioperative organisations in Malawi and Tanzania.
- Re-vitalised ZOTNIG, now hosting annual perioperative conference, Zambia.
- Collaboration between ORNAC and IFPN – Kenya sponsored members of IFPN.
- IFPN toolkit for new organisations being road-tested in Malawi.
- ? Joint NNAK and FoAN Conference 2008.

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Thank you for your interest and support

Further information  
[www.foan.org.uk](http://www.foan.org.uk)

**Become a member!**

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