



MAY 2010

Volume 32, #2

GREETINGS FROM
THE PRESIDENT

Spring greetings to every member of N&LORNA. As the flower finally break through with their vibrant spring colors we can say goodbye to our winter blues and look forward to a much deserved season of summer with vacation time as well.

Congratulations to all as we celebrate the 2010 International Year of the Nurse. This declaration is sanctioned by the United National and relevant information can be found on the website www.2010IYNurse.net.

As we continue with our monthly executive meetings via teleconference our executive continue to work towards the growth and support of our provincial membership. Our newsletter is part of our provincial communications however we are still struggling with receiving information from our province. Recently we developed a standard form to help liaisons with their reports, this guideline will hopefully help in sending in more local highlights for all to learn from and enjoy.

From our education input, we are also attempting to develop an e-mail list of all our educators or those who are contacts within their operating rooms so we can assist them with information on educational opportunities. There are many opportunities provided to us through ORNAC, ARNNL and affiliate groups that can be accessed via the internet, webinar's, etc. Once our contact list is in place, then we will be able to forward directly these links so everyone can have the opportunity to benefit and gain their hours for certification and/or hours for competencies associated with our provincial licensing through ARNNL.

N&LORNA offers a Scholarship Fund to assist our members, active or associate, to further their education. The application form can be found in our Rules and Regulations section on the ORNAC website under Provincial Chapters – N&LORNA. This application must be submitted to the President by June 30th.

While at the ORNAC Board meeting recently we learned of some new and exciting educational opportunities for our members.

Bloomberg Faculty of Nursing offering the first diploma in Anaesthesia Care. There you will learn advanced pain management, equipping you to take a leadership role as co-anesthesiologists on acute pain teams in hospital settings. This program is open for enrollment May 17, 2010.

CORL NETWORK CONFERENCE 2010

MAY 9 – 11, 2010

I was given the opportunity this past May to be a delegate at the Canadian Operating Room Leadership Network's 2010 Conference following the ORNAC Board meeting.

CORL represents Operating Room Leaders from OR Staff Nurses through to Educators as well Clinical Specialists and OR Managers making a statement of Excellence through Leadership – Coast to Coast.

There were many common themes throughout this conference. The biggest being our "Stormy Outlook" with a growing shortage of professionals mirrored with our growing concern for safety and quality. The question from this is "Who Survives?"

Drawing from this concern and statement was our keynote address

"Soaring Over the Culture Chasm: Unlocking the leadership secrets of implementing a sustainable culture of society." Presented to us by Mr. Steve Harden, President Life Wings Partners LLC.

Mr. Harden brought to us the reality of today's world through his interpretation of what CULTURE is – the way we get things done. We must also be able to measure our CULTURE – the difference of what you expect will happen and what is actually happening.

We all have a common culture- that of our OR settings, separate and relative only to the area we work in however a common ground for all, resulting in the statement "our Culture also known as "Moments of Truth" require fixing from time to time and this can be achieved by focusing on our daily "moments of truth".

Steve Harden centered his energy on helping us understand the basics of Culture and how we each affect it. "Behavior that gets rewarded – Gets Repeated." How often do we bear witness to this? Most individuals speak up based on their leaders support, not physical behavior therefore habits with leadership actions and organizational structure ensure our actions turn into habits.

A simple formula to follow Thoughts + Actions + Habits + Character = CULTURE

Teamwork constituted a main frame of Steve Harden's presentation. It has been shown to improved employee satisfaction as well as Patient satisfaction. Teamwork controls 1/3 the variability of employee satisfaction. There being other variables as well such as 1/3 Essential Tools – communication, analysis, decision making, cross checks

and 1/3 Good Leadership, strong supportive management. Once these 3 vital parts link together we have a system that is perfectly designed to get the results we strive to produce in a positive way.

We are all in an environment of change in our challenging perioperative world through Quality Initiatives and Risk Management we become champions for the cause of our patients. Through collaboration, decision making, cross checks, debriefings and supportive management we learn the TEAM Approach that make us stronger leaders and advocates for our patients.

Mr. Harden' philosophy is summarized by saying TEAMWORK is a positive approach to a committed group of professionals who are respected for their competencies, knowledge and maintenance of a scope of practice within their surgical standards. Communicate until you are sick of it – do not give up too early because this is when people are only beginning to listen. Logic is never as convincing as your passion.

After the keynote address we continued on to Gillian Gravely, Nurse Manager, Perioperative Service, Princess Margaret Hospital/Toronto General Hospital where she addressed us on “Surgical Safety in a Canadian Operating Room.” Her focus to us revolved around how we are all responsible for surgical safety with a quote “Tell me I’ll forget, Show me I might remember, Involve me and I’ll understand.” So too with Safe Surgery checklist as we all become involved and accountable for our own actions and outcomes we become stronger team players with the empowerment of leadership within us.

The remainder of the conference included topics from “Go Forth and Checklist Hotel Dieu Grace Hospital Surgical Safety Checklist Pilot”; Hotel Dieu Grace Hospital Under ConstructionOn The Road to Improving Culture in the Operating Room”, to “Leadership A Cache of Knowledge and Wisdom”. “RAM BAM DAM – Improving Surgical Access Using OR and Bed Allocation Methodologies”; “Constructing OR’s, Creating Culture”; “Preparation, Processes to Minimize Day of Surgery Chaos”. From all of these sessions we gained interactive knowledge that from Crisis comes Challenge and Opportunity to learn and that we should value the relevance of self reflection.

By promoting excellence we demonstrate a commitment to meeting the needs of those we call for, Nursing is knowledge based not task based, being multi taskers we are critical thinkers however, meeting the needs of those we care for is our knowledge base. As Nurse Leaders we are visionary and as real listeners we bring people closer together with a trust through meaningful conversations that can change our world as we rely on human goodness by standing together, communicating in an open arena and building a stronger team.

learning assessments. Please follow the link provided to begin documenting your self learning <http://www.arntl.nf.ca/pg.php?p=25> . This will hopefully make things easier for you all to keep track of the necessary information needed for licensure.

The Safe Surgeries Saves Lives checklist seems to still be in the forefront of patient safety in the Operating room. For those areas still attempting to get the checklist off the ground, the most recent information taken from the ORNAC website provides details about the checklist. The **Checklist Action Series** is the first program to be launched. It is a 3 month **virtual** initiative *offered at no cost* for Canadian surgical programs, teams and individuals to assist with effective implementation of a surgical checklist. Please go to [http://www.ornac.ca/downloads/SSSL_Collective - Checklist Action Series - Final Version2.doc](http://www.ornac.ca/downloads/SSSL_Collective_-_Checklist_Action_Series_-_Final_Version2.doc) for more information.

The world Health Organization has an upcoming campaign regarding smoking cessation. Please visit the following website for further downloadable information.

<http://www.who.int/tobacco/wntd/2010/announcement/en/index.html>

Upcoming educational sessions:

The ARNNL AGM is taking place on Friday, June 18, 2010 from 8:30 am - 12 noon

Location: Holiday Inn, St. John's, Salon D. A new feature for this year's meeting!!!! Come in Person or Join by Tele-conference call: 1-888-848 5559 Participant Code: 7247030#. Any available PowerPoint presentations will be posted by June 16, 2010

The ARNNL/NLNU Innovations Conference will be held September 27 – 28, 2010 at the Holiday Inn, St. John's. The Conference theme is "Mental Health: Our Common Denominator." Further details to follow.

And of course, before you know it our provincial conference in Gander will be upon us in the fall, September 23-25th.

As well the upcoming year there will be the *22nd National Conference "Elevating the Field of Perioperative Nursing"*

We've had a busy very OR this winter here @ St. Clare's. We celebrated our 100 Endovascular Aneurysm Repair (EVAR) performed here and we continue to perform them even more frequently. It is actually unusual to see an elective AAA on our list over the past few months. We welcomed Dr. Bethune and Dr. Johnson , 2 visiting Thoracic surgeons from Halifax, this winter who helped us out while Dr. Mann was attending the Olympics. We have recently purchased 4 new Stryker video systems(1 for Ortho and 3 for gen surg/ thoracic) and a Storz video bronchoscope and video system. All of these came with slave monitors (Strykers are cordless!! The staff and surgeons are very happy with them). Our Anesthesiologists are pleased we have also recently acquired a Blood Gas machine for our OR/PACU. We have our calibrations completed and we are in the process of training staff.

From an Educational perspective our Inservices continue monthly including our new equipment, the ARNNL continuing competence for 2011 licensure, fractured Hips by Dr. Peter Rockwood, WHMIS and an OR Emergency scenario with Dr. Noel O'Regan. This is the second simulation we have had with Dr. O'Regan and staff find this format an excellent learning opportunity. Debbie Keough attended a 2 day workshop on cultural diversity and I (Glenda Tapp)attended my first AORN congress in Denver and presented a poster presentation on Evaluation of the One Step Skin preparation on Infection Rates. We had 2 Excellent BN students for a 10 week elective, Katherine Spurrell and Colin Saunders. We wished Lisa Neil, ORT, well as she transferred to HSC DaySurgery. Also we welcome Val Wicks who is transferring to us this month, May, as Head Nurse of General/ Vascular Services and Dr. Shane Seal, a new plastic surgeon.

From a Quality improvement point of view we are currently piloting the Safe Surgery Saves Lives Checklist in General and Orthopedic Surgery, a program initiative @ both St. Clares and the HSC. A multidisciplinary committee drafted the checklist we felt comfortable to start with and we are conducting a survey to determine what worked well, what didn't and how we can improve it!! We are also moving forward with our Safer Health Care Now Initiatives implementing standard Antibiotic prophylaxis for ALL surgical services at both sites.

Our branch continues regular meetings, Breen's sandwiches as a fund raiser and we elected a new Executive at our March Meeting. They are: Linda Cahill- President, Joanne Shortall- Vice President, Joanne Picco- Treasurer, Janet Angel- Secretary, and myself Glenda Tapp-as liaison. We are looking forward to our year end meeting at Janet's cabin.

Our final piece of news is, with mixed emotions, we say Happy Retirement to Shirley Taylor. She is retiring the end of June. She will truly be missed and we all wish her a fond farewell. Our Debbie Keough will be our new Divisional Manager. She is currently in training and we look forward to working with Debbie in her new position.

Bye for now. Hope to see many of you in September in Gander.

Respectfully

Glenda Tapp

On the social front besides having all the " teas" for everyone who has left the national conference planning committee held a bbq for the conference committee members a good time was had by all. Thank you to Margot Walsh and Laura Ellsworth for the planning of the event. It is hard to believe that it was just a year ago we hosted the conference.

Sharon Slaney
HSC branch