

# NBORN NEWSLETTER

## **“PASSAGES”**

*“BRINGING US TOGETHER – KEEPING US INFORMED”*

*“UNIS PAR VOIE DE L'INFORMATION”*

EDITION 8,  
AUGUST 2006



Greetings NBORN members!

It has been a busy year at the ORNAC level. ORNAC has grown immensely over the past few years and is venturing down the path to incorporation. ORNAC has representation on several national committees such as “Safer Healthcare Now”, the Canadian Anesthesia Committee and Canadian Standards Committee, to name but a few, and the numbers continue to grow. An update and overview of ORNAC will be presented at the NBORN Fall General meeting.

This years NBORN Fall General meeting will be held in Moncton on October 21<sup>st</sup>. Election of officers will take place at this meeting. The following positions will be filled:

Vice President

Treasurer

Secretary

Please forward any nominations to Tina Kennah, Past President NBORN.

Perioperative nursing practice is continually growing and becoming more demanding with technological advancements. As perioperative nursing evolves, perioperative nurses must continue to evolve and change. The surgery of 20 years ago no longer exists as we move towards minimally invasion procedures! Change is not always easy, but it is a necessity in perioperative practice.

Another summer is upon us and I hope everyone will have the opportunity to enjoy and spend time relaxing with family and friends! I hope to see you at the NBORN Fall meeting in Moncton!

Wishing you a safe and enjoyable summer!

Karen Frenette RN BN MN CPN(c)  
President NBORN

**A relaxed attitude lenghtens a man's life.**  
**Anonymous**

## Bonjour a tous,

Notre association nationale des infirmiers et infirmières peri-operatoire (ORNAC) a été bien occupée cette année. En outre, nous membres élus ont sièges sur plusieurs comités nationaux tel que celui sur « Safer healthcare Now », celui sur les standards canadiens, l'association canadienne des anesthésistes et cela ne représente qu'une petite portion de leurs activités au sein des comités canadiens.

L'ORNAC a eu une augmentation de membres depuis plusieurs années maintenant et se dirige vers la création de corporation. Un bref résumé des activités de l'association va être présentée lors de la conférence de notre chapitre en automne.

Cet automne en outre le 21 octobre prochain lors de notre conférence de l'association du NB, nous allons voter pour les positions suivantes :

Vice-présidente

Trésorier

Secrétaire.

Cela vous intéresse! Prière de communiquer avec Tina Kennah.

La profession des infirmières peri-operatoire est continuellement en évolution. Nous devons faire face à cette révolution en technologie et nous tenir constamment au courant pour procurer des soins à la fine pointe à tous nos clients. Bien différent que vingt ans passés, les chirurgies sont devenues de moins en moins évasives. Donc, le changement bien que difficile à certains moments, est intégral à notre profession dans le but de procurer les meilleurs soins peri-operatoire.

L'été est finalement arrivé. J'aimerais prendre cette occasion de vous souhaiter une très bonne saison estivale avec famille et ami(s), (es). J'espère vous voir lors de la conférence à Moncton en octobre prochain.

Je vous souhaite un très bon été relaxant.

Karen Frenette RN BN MN CPN(c)  
Présidente NBORN

## **QUELQUES LIGNES DU REDACTEUR EN CHEF**

Comme le temps passe rapidement! J'aimerais remercier tous ceux et celles qui ont participé à la création de ce bulletin provincial d'information. J'espère que vous allez trouver ce bulletin intéressant. Si vous avez des suggestions pour améliorer ceux-ci, prière de me les faire parvenir par courriel ou téléphone. Le symposium peri-operatoire à Miramichi fut un très grand succès. Conférenciers intéressants et stimulants. Activités en soirée hors pair. Je vous invite donc à lire cette édition sur le site Internet officiel de ORNAC. Je vous souhaite un bel été à tous et continuez votre superbe travail. Nous faisons vraiment une différence. Espérons vous voir lors de la réunion provinciale le 21 octobre à Moncton.

## **A FEW WORDS FROM THE EDITOR IN CHIEF**

Time is flying by. I would like to thank everyone that helped me produce this newsletter. I hope you enjoy it and if you have any suggestions to help me improve it, please pass them along via e-mail or/and telephone. The Spring Institute was a great success. Guest speakers were interesting and thought provoking. Evening activities, well, what can I say... Once again the newsletter will be on the ORNAC Website. Wishing you a pleasant summer and keep up the great work. We do make a difference. Hoping to see you at the general meeting in Moncton on the 21 October.

**Lynn Larivee**  
**OPH OR**

**Lynn.Larivee@rvh.nb.ca**



## UPCOMING EVENTS

### UPCOMING CONFERENCES

|   |                   |
|---|-------------------|
| Atlantic Conference Halifax, NS   | Oct 4-7, 2006     |
| International Conference Harrogate, UK  | Oct 9-13, 2006    |
| 3rd International Conference," Embracing the future of nursing: Educating tomorrow's nurses", Markham, On | Oct 26-27, 2006   |
| Nursing Leadership Conference (Nursing Leadership, "Key to health system effectiveness", Ottawa, On       | Feb 4-6, 2006     |
| AORN Conference- Orlando, Florida   | Mar 11-15, 2007   |
| ORNAC National Conference Victoria, BC  | April 23-27, 2007 |

### NBORN GENERAL MEETING

|                 |         |                             |
|-----------------|---------|-----------------------------|
| General Meeting | Moncton | Oct 21 <sup>st</sup> , 2006 |
|-----------------|---------|-----------------------------|

Determination, patience and courage are the only things needed to improve any situation. And, if you want a situation changed badly enough, you will find these three things. Anonymous

| NEW BRUNSWICK OPERATING ROOM NURSES<br>EXECUTIVE 2004-2005<br>(Revised October 2004) |  |   | NBORN BOARD OF DIRECTORS<br>REGIONAL PRESIDING OFFICERS (RPO'S)<br>2004   |  |
|--|--|---|---|--|
| <b>President</b>   | Karen Frenette<br>P.O. Box 663<br>Bathurst, N.B. E2A3Z6<br>(506)548-5039<br><a href="mailto:stevefre@nbnet.nb.ca">stevefre@nbnet.nb.ca</a>                           | Chaleur Regional Hospital<br>1750 Sunset Drive<br>Bathurst, N.B. E2A4A4<br>(506)544-2670<br>(506)544-2488 (fax)<br><a href="mailto:kfrenett@reg6.health.nb.ca">kfrenett@reg6.health.nb.ca</a>         | <b>Region 1</b><br>Terri Bradley  | Hopital Regional Dr.<br>G.L. Dumont<br>330 rue University<br>Moncton, N.B. E1C 2Z3<br>(506)862-4130 (phone)  |
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| <b>Vice-President</b>  | Vanna Wasson<br>290 Cumberland Point<br>Road<br>Cumberland Bay, N.B.<br>E4A 3H8<br>(506)362-1019<br><a href="mailto:rlindala@nbnet.nb.ca">rlindala@nbnet.nb.ca</a>   | Oromocto Public Hospital<br>103 Winnibego Street<br>Oromocto, N. B.<br>E2V 1C6<br>(506)357-4730<br>(506)357-4853 (fax)<br><a href="mailto:Vanna.wasson@rvh.nb.ca">Vanna.wasson@rvh.nb.ca</a>          | <b>Region 3</b><br>Debbie Cyr<br>17 Hilltop Crescent<br>Perth Andover, NB<br>E7H 2H3<br>(506)273-6015<br><a href="mailto:judyam@nbnet.nb.ca">judyam@nbnet.nb.ca</a>                 | Hotel Dieu St. Joseph<br>Hospital<br>River Valley Health<br>10 Woodland Hill<br>Perth Andover, N.B.<br>E7H5H5<br>(506)273-7100 (phone)<br>(506)273-7200(fax) |
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| <b>Treasurer</b>   | Fran Glover<br>461 Carter Court<br>Bathurst, N. B.<br>E2A 4S1<br>(506)548-3745   | Chaleur Regional Hospital<br>1750 Sunset Drive<br>Bathurst, N.B.E2A 4A4<br>(506)544-3000 (phone)<br>(506)545-2440(fax)<br><a href="mailto:mfglover@nbnet.nb.ca">mfglover@nbnet.nb.ca</a>              | <b>Region 5</b><br>Laura Wagstaff<br>4 B Sierra Drive<br>Fredericton, N. B.<br>E3B 5K7<br>(506) 470-5947<br><a href="mailto:nurslaura@hotmail.com">nurslaura@hotmail.com</a>        | Dr. Everett Chalmers<br>Hospital<br>Priestman Street<br>P.O. Box 9000<br>Fredericton, N.B.<br>E3B 5N5<br>(506)452-5166                                       |
| <b>Secretary</b>   | Monica Parlee<br>11 Edwards Drive<br>Quispamsis, N.B.<br>E2E 4X9<br>(506)849-3140<br><a href="mailto:parlee9@nb.sympatico.ca">parlee9@nb.sympatico.ca</a>            | Saint John Regional<br>Hospital<br>PO Box 2100<br>Saint John, N.B.<br>E2L 4L2<br>(506)648-6723 (phone)<br>(506)648-7664 (fax)   | <b>Region 6</b><br>Position vacant  | Edmundston Regional<br>Hospital<br>275 Hebert Boulevard<br>Edmundston, N.B.<br>E3V 3K7<br>(506) 739-2610 (OR)<br>(506) 739-27902 (fax)                       |
| <b>Historian</b>   | Lynne McLaughlin<br>40 Parklawn Court<br>Saint John, N.B.<br>E2K 2B9<br>(506)652-5997(phone)<br><a href="mailto:mclalyn@nb.sympatico.ca">mclalyn@nb.sympatico.ca</a> | Saint John Regional<br>Hospital<br>PO Box 2100<br>Saint John, N.B.<br>E2L 4L2<br>(506)648-6723 (phone)<br>(506)648-7664 (fax)   |   |  |

## **HOPITAL RÉGIONAL CHALEUR DE BATHURST**

### **SUZANNE AUBÉ, JOURNALISTE**

Bonjour à tous,

Pendant la semaine de reconnaissance des employés, plusieurs infirmières du bloc opératoire ont reçu une épinglette pour les années de service, ce sont : Fran Glover et Suzanne Aubé 20 ans, Linda Cormier, Carole Legacy et Brenda Pitre 15 ans, Carole Beaudet 5 ans.

Notre nouvelle salle d'opération est en construction. Tout semble bien se dérouler, beaucoup de décisions à prendre pour notre infirmière-chef, Karen Frenette, au sujet de différents équipements, ex : lumières, tables, planchers, etc...

Une nouvelle employée, Tara Hickey, s'est jointe à notre équipe. Elle a reçu son BACC en science infirmière en mai 2005 et elle a ensuite fait un cours 'Post Basic' au Collège George Brown de Toronto en décembre 2005. C'est avec plaisir que nous l'accueillons et nous lui souhaitons la bienvenue.

Nos infirmières de Salle de Réveil viennent tout juste de se joindre au P.A.N.A. N.B.-P.E.I. Colleen Veniot et Gail Irving Bennett ont participé à une conférence N.A.P.A.N. à Halifax.

Nous utilisons les évacuateurs de fumée pour toutes nos chirurgies et nous ne pouvons plus faire sans cela maintenant. Le cidex est utilisé en désinfection.

11 infirmières ont participé au Symposium Péri-Opératoire en avril 2006 à Miramichi. Très intéressant, belle soirée sociale et beaucoup de beaux prix.

L'équipe « Surgical SuiteHearts » participe encore cette année au Relais pour la Vie.

Bonne été à tous!

#### **ABRÉGÉ**

During employees' recognition week, some OR nurses received pins for years of service: Fran Glover & Suzanne Aube 20 years, Linda Cormier + Carole Legacy + Brenda Pitre 15 years and Carole Beaudet 5 years.

Our new Operating Room is in construction. Everything is going well. Lot of work and decisions for our nurse manager, Karen Frenette, for lights, tables, floors, etc...

A new employee, Tara Hickey, has joined our team. She received her BN in May 2005 and she completed a post basic at George Brown College of Toronto in December 2005. Congratulations Tara and welcome aboard.

PARR nurses have joint the P.A.N.A.N.B.-P.E.I. association. Colleen Veniot and Gail Irving Bennett have participated to a N.A.P.A.N. conference in Halifax.

We are using the smoke evacuators for all our procedure and we can't work without them! Cidex OPA is also used for disinfection.

Miramichi Spring Institute was greatly enjoyed by 11 of our nurses. Great conference, great party and lot of wonderful gifts.

The "Surgical Sweethearts" team is participating again this year in the "Relay for Life".

Have a great summer!

## **The Moncton Hospital (Region 1)**

### **Reporter Terri Bradley**

Since last fall we've welcomed eight new staff members so almost everyone has had a hand in preceptoring / orientating. Two of these girls have completed the George Brown Perioperative course.

We are soon saying good bye to our Nurse Manager, Nancy Parker, who has accepted the position of Administrative Director, Surgery and Neuro Program. We wish her all the best. At this point her replacement has not been chosen.

Congratulations to Laura McQuade on being presented this year's Extra Mile Award. Laura is our Ophthalmology resource nurse, fills in at the desk and is well known for working overtime, call backs and double shifts.

We don't have much to report in the way of new equipment or procedures. ENT is now using their Stealth Navigator for image guided sinusoscopic surgery. Neuro has trialed a Valleylab CUSA and will soon be trialing another. Ortho has a second double decker back table – great for those revision hips and knees! Dr. Forsythe Jr. and Dr. Allanach are now doing ACL Repairs with Endo Button.

Education wise, many of us enjoyed a Saturday seminar on Team Building, presented by Sally Wells DeCarlo. Dr. Greschner presented two very good sessions on Conscious IV Sedation as we had concerns regarding standardization of care and documentation. We hope to soon have a policy which incorporates Dr. Greschner's input.

We were fourteen at Spring Institute in Miramichi and would like to congratulate the planning committee on a job very well done.

Have a great summer everyone and hope to see many of you at the NBORN General Meeting here in Moncton, Oct.21.

### **ABRÉGÉ**

Nous avons accueilli huit nouveaux membres au sein du département depuis l'automne dernier. De plus, notre infirmière chef, Nancy Parker a accepté le poste de directeur programme chirurgical et neuro.

Laura McQuade fut présente le certificat de « Extra Mile Award » pour tous ses efforts et dévouement.

Oto-Rhino utilise maintenant le « Stealth Navigator » pour les chirurgies aux sinus, neuro fait l'essai d'un nouvel équipement de cautérisation, ortho a maintenant leur lit a deux étages (celui-ci est excellent pour les cas de hanches et de genoux). Dr Forsythe Jr et Dr Allanach font réparation de ligament antérieur de genou en utilisant l'Endo Button ».

Plusieurs e nous ont tout récemment participe a un séminaire sur l'accroissement de l'équipe présente par Sally Wells DeCarlo. Nous avons bien

aime cela. De plus, afin de répondre à nos inquiétudes au sujet des sédation réveillées par intraveineuses, Dr Greschner présenta une très bonne session d'information. Nous devrions avoir notre politique et procédure écrites d'ici peu à ce sujet.

14 de nous avons participé à la conférence à Miramichi. Nous voudrions faire-part aux organisateurs notre satisfaction et félicite tout le monde.

Bonne été et espérons vous voir à Moncton le 21 octobre.

Tell me and I forget; show me and I remember; involve me and I understand.  
- unknown

## Greetings from the D.E.C.H (Region 3) Reporter Alice Doucette

Congratulations to Miramichi on putting on a great conference. The sessions were very informative and the social events were a blast for us.

Diane Law has joined us as a new staff member. She came to us from OPH- a great addition to our OR.

We are in the process of upgrading our OR lights and ventilation in some of the theatres.

Welcome to Jayson Dool, our new plastic surgeon.

Planning is underway for a fun time in the capital city next spring. We hope to see everyone at Spring Conference 2007.

### ABRÉGÉ

Nous aimerions féliciter le groupe de Miramichi pour une excellente conférence au temps informative qu'amusante.

Nous accueillons avec plaisir Diane Law, infirmière et Jayson Dool, chirurgien de plastie parmi nous.

Changement au bloc opératoire ; finalement nous allons avoir dans certaines salle une meilleure ventilation et nouvelles lumières chirurgicales.

Nous relevons le défi de la prochaine conférence provinciale. Nous sommes dans la planification pour vous offrir un très bon temps. Espérons vous voir à la conférence 2007 à Fredericton.

Alice Doucette

Great changes may not happen right away, but with effort even the difficult may become easy.

- Bill Blackman

***Don't forget the General Meeting October 21st, 2006 in Moncton.***



***N'oubliez pas de la reunion generale a Moncton le 21 octobre 2006.***

## 2006 Spring Institute Brief Summary

The Spring Institute provided an opportunity to network amongst peer and exchange ideas and lessons learned. It was a well-attended conference with interesting speakers and lots of fun events.

Many exhibitors were present to show us the latest of their company's technology. Organizers during their planning sessions were busy gathering door prizes sponsored by local business of which many of us if not all enjoyed receiving.

First guest speaker was Dr Mark Shaw who presented on Laparoscopic Bowel Surgery, "Why Bother".

Lap procedures are becoming more common with the ever-improving advancement in today technology. Lap bowel surgeries are similar to open surgeries. They can be used for patients with diverticulitis, polyps, IBD, malignant disease,... What makes for a good surgery? It is the acceptable results such as site of incision, patient recovery, resection (length of specimen, proximal and distal margin), lymph nodes excision with 5 yrs disease free.

If lap bowel surgery is similar to open than why bother especially if there are an increased associated cost for the surgery, a prolonged procedure (twice as long), more difficult, training involved, lack of tactile evaluation and depth perception and additional complications such as trocar injury, pneumoperitoneal complication, cautery injury, oliguria, vagotonia, hernia, unrecognized injuries, tumour implantation at port site (however recent research has shown a lesser problem than anticipated).

The basic premise discussed was that new procedure should ideally be as good as the old one.

Noticeable results were seen in patient safety, patient satisfaction and overall cost. Positive results included shorter hospital stay and ICU bed utilization, reduced complication, reduced blood lost, low post-op pain, improved quality of life, earlier return to full diet, improved healing and fewer wound problems.

Therefore, why bother with lap bowel surgery? To response to our patient's safety, satisfaction on outcomes and reduction of bottom line cost.

The following guest lecturer was Donna Stanbridge.

She discussed the MIS (Minimally Invasive Surgical Suite), the planning and coordination phases that the staffing were involved with in designing operating suites. Safety considerations, traffic flow versatility of equipments, suite dimension, equipment location, green lighting, telemedicine capabilities, digital images availability were all intensely discussed in order to provide an improved patient environment which is ergonomic to staff.

In summary, she mentioned the strong requirements to have everyone's input in the design and overall process, that space is crucial, facility must be design to improve ergonomic of workplace, versatility of equipments must also be considered and one should always plan for future uses.

Kathryn Keith-Irving spoke briefly on physical assessment of potential organ/tissue donor.

In summary, the staff assigned these duties must perform an intensive physical assessment of the potential donor using checklist and preset forms. The next of kin's consent is needed regardless of the written consent of the donor on the driver's license. Upcoming changes are anticipated where question of donor consent yes and no would be added to the medicare card.

Sherry Rumbolt was selected as our inspirational speaker and discussed the power of choice in all that we do in our lives. She was refreshing, funny, enlightening and down to earth. This was just a perfect way to close the conference.

The important thing is not to stop questioning.

**Albert Einstein**

## Oromocto Public Hospital (Region 3) Reporter Lynn Larivee, RN

Wow! What a busy last few months this has been.

We would like to congratulate Pat Richardson for successfully completing her certification C.P.N.C. Job well done goes to Barb Jenkins who recertified her ACLS. Kudo goes to both.

Vanna Wasson, Elaine Pelletier and Cathy MacDonald attended the N.A.P.A.N. in Halifax and many of us attended the Spring Institute in Miramichi. It was a blast, lots of fun and great information.

We are happy to welcome a new staff member, Richard Lavigne who came to us from the DECH as well as Dr J Dool (plastic surgeon) and Dr J. Leach (anesthesiologist).

We are lucky or should I say the anesthesiologists are happy to have 3 new anesthesia machines at OPH.

During Nurses Week, we all decided to go out and enjoyed a nice meal together. We had fun and lots of laugh. What did you guys do?

We now have Dr Feero(urologist) doing urethral collagen injection and we are awaiting new protocol for collagen skin testing for our day surgery unit. It is a very interesting procedure. Any new procedure being done at your location?

Wishing you a wonderful summer

## ABRÉGÉ

Wow! Ces derniers mois furent très occupés.

Félicitation a Pat Richardson qui a complété sa certification nationale CNA ; et a Barb Jenkins pour avoir recertifié son ACLS. Kudo a toutes les deux.

Vanna Wasson, Elaine Pelletier and Cathy MacDonald participa a la conférence N.A.P.A.N. a Halifax et plusieurs d'entre nous assista au Symposium Peri-Operatoire a Miramichi. Ce fut très intéressant, amusant et informatif.

C'est avec plaisir que nous accueillons Richard Lavigne a notre équipe ainsi que Dr J. Dool (chirurgien de plastie) et Dr J Leach (anesthésiologiste). Nous leur souhaitons la bienvenue.

Nous sommes chanceuses ou je devrait dire les anesthésiologistes sont heureux d'avoir a leur disposition trois nouvelles machines d'anesthésia a ce site.

Durant la semaine des Infirmières et Infirmiers, nous avons apprécié un très bon souper en groupe. Cela fut une très belle soirée sociale. Qu'avez-vous fait durant la semaine nationale des infirmières/infirmiers?

Dr Feero (urologue) fait des injection urétral au collagen maintenant et nous sommes à l'attente du protocole de sensibilité afin de faire ces tests a l'unité de jour a OPH. Bien des changements. Avez-vous de nouvelles procédures?

Souhaitons un bel été a tous.

***Trust yourself. Create the kind of self that you will be happy to live with all your life. Make the most of yourself by fanning the tiny, inner sparks of possibility into flames of achievement." ~***

*Foster C. McClellan*

